**Exam Wrapper:**

***The purpose of an exam wrapper is to reflect on how you studied, what types of mistakes you made on the exam and how to change your study habits to do better on the next exam. After reviewing your exam wrapper, I will respond with my recommendations through ELMS.***

*Part 1: Exam Preparation*

1. Material mastery begins well before formal exam preparation. Mark the statements below on a 1-5 scale from strongly disagree (1) to strongly agree (5). Add notes as needed.

|  |  |  |
| --- | --- | --- |
| **Statement** | **1-5** | **Notes** |
| I attended class regularly and tried to understand the material as it was presented. |  |  |
| If I did not understand something in class, I promptly sought clarification by consulting the textbook, peers, UTF/TA or the professor. |  |  |
| I tried homework problems alone before working with a group. |  |  |
| I understood my homework solutions when I submitted them. |  |  |
| I reviewed my homework grades and sought correct answers to any problems I got wrong. |  |  |
| Overall, I felt like I was keeping up with the material. |  |  |

1. How did you prepare for the exam? Check all that apply. In the notes, you can share how much time you devoted any other details that you think might be useful.

|  |  |  |
| --- | --- | --- |
| **Item** | **Completed?** | **Notes** |
| Reviewed class notes |  |  |
| Reworked class examples |  |  |
| Reviewed old homework problems |  |  |
| Reworked old homework problems |  |  |
| Tried new problems |  |  |
| Reviewed study guide topics |  |  |
| Developed personal guide on how to approach problems/ when to use equations |  |  |
| Studied alone |  |  |
| Discussed material with peers |  |  |
| Sought clarification from prof/TA/UTF |  |  |
| Other (specify) |  |  |

1. How long before the exam did you start studying? How many hours did you devote to it?
2. Was there anything that prevented you from studying as much as you wanted to? (Other exams, personal situation, etc).
3. How was your overall well-being before the exam (Adequate sleep? Eating? Stress level?)

*Part 2: Exam Experience*

Review errors you made on the exam. Indicate the approximate % of lost points on the exam that are attributable to each reason below. Include notes as needed.

|  |  |  |
| --- | --- | --- |
| **Error** | **% of lost points** | **Notes** |
| Did not study topic |  |  |
| Imperfect understanding of topic |  |  |
| Did not know how to approach problem |  |  |
| Understood how to approach problem, but had difficulty executing solution |  |  |
| Misinterpreted problem |  |  |
| Careless mistake |  |  |
| Lack of time |  |  |
| Exam anxiety |  |  |
| Other (specify) |  |  |

*Part 3: Planning for Future Exams*

1. Do you think your exam score adequately reflects your preparation? If not, what other factors may have contributed to your score?
2. Based on your responses to parts 1 and 2 above, describe a detailed plan on how you intend to change how you approach this class in order to improve your score on the next exam.
3. What concrete strategies will you use to ensure that you act on your proposed plan? There are many ways to form new habits. Some examples include: accountability partner (ie. agree to go to office hours, tutoring, review notes, etc with a classmate to hold each other accountable), set up a personal reward system (ie. get to do something fun once task is completed), use google calendar with phone reminders for certain tasks, etc.